

WELCOME TO

EPPING

SDA CHURCH

THIS SABBATH

ELDER	Arthur
SPEAKER	Pr. David McKibben
OFFERING	Local

CHURCH SERVICE LINKS

LIVE STREAM CHURCH SERVICE	> https://www.eppingsda.org.au/
	> https://www.facebook.com/eppingsda

COMING UP EVENTS

Oct 18th & 19th	Growing Great Kids @ Epping with Daron Pratt
Dec 1st & 8th	Gingerbread House Decorating events

LAST SABBATH

Epping Church Service - 5th October, 2024



Prayer Requests

Please pray for madeline who is doing the HSC this year.

Please pray for those who are ill or facing challenges in their lives.

Please pray for ADRA Blacktown in providing food to the needy.

SAVE THE DATE!



GINGERBREAD HOUSE DECORATING EVENT 2024

**Epping SDA Church,
2 George Street, EPPING**

Sunday, December 1 @ 3:00pm **or
Sunday, December 8 @ 3.00pm**

For all enquiries please contact:

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LABOUR

There were four gifts that God gave humanity in the Garden of Eden. Not surprisingly, each of these gifts God would like us to take very seriously. He gave them marriage – we are to choose wisely for marriage is a lifetime commitment. He gave them the Sabbath – a time for rest and reconnecting with our Creator. He gave them dominion – the authority to rule over and be good stewards of the rest of creation. And He gave them work – they were to labour to provide for the needs of God’s creatures (Gen. 2:15).

Anyone with a bad back will quickly learn that everything in the body is interconnected. So it should come as no surprise that to maintain a healthy body and mind, we need physical labour to give us strength and vitality. “Labour is a blessing. It is impossible for us to enjoy health without labour. All the faculties should be called into use that they may be properly developed, and that men and women may have well-balanced minds” MCP 1:16. The Bible also admonishes that a workman is worth his hire (1 Tim. 5:8), and that he who does not work should not eat (2 Thes. 3:10).

We live in a world where education is esteemed, and labour-intensive jobs looked down upon. We have so many gadgets all designed for us to push a button and save ourselves work... Heaven forbid we actually get out of our seats to change the channel so we can continue to vegetate in front of the telly. God would have us exercise both our minds and bodies so we may be in good health and improve the natural world around us.

Let us find some time each day to exercise our bodies and minds and keep them moving and strong as God intended them to be... and you’ll find it works better than any sleeping pill.

“I perceived that there is nothing better for them than to be joyful and to do good as long as they live; also that everyone should eat and drink and take pleasure in all his toil—this is God’s gift to man” Ecc. 3:12-13.