

WELCOME TO

# EPPING

SDA CHURCH

## THIS SABBATH

ELDER	Alan
SPEAKER	Pr. Nigel
OFFERING	World Mission Project

## CHURCH SERVICE LINKS

LIVE STREAM CHURCH SERVICE	<a href="https://www.eppingsda.org.au/">&gt; https://www.eppingsda.org.au/</a> <a href="https://www.facebook.com/eppingsda">https://www.facebook.com/eppingsda</a>
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## COMING UP EVENTS

7th July	Craftees @ Epping Church from 2pm - 4pm
21st July	Recipe Club @ Epping from 1.30pm
3rd August	Vegetarian Cooking Demonstration series Wk 1
10th August	Vegetarian Cooking Demonstration series Wk 2
17th August	Vegetarian Cooking Demonstration series Wk 3

# LAST SABBATH

Epping Church Service - 29th June, 2024





**OUR BEAUTIFUL ARRAY OF MISSION TRIP TEDDIES!!!  
~ READY TO JET SET OFF TO TIMOR LESTE ~**

One of the projects our team will be involved in, during our Mission Trip, is a visit to FuNan Childcare Centre to deliver Health lessons on hand hygiene. The Centre has 6 classes with children ranging in ages from 2 to 14 years.

There are 164 children in total at the Centre. After implementation of our planned lesson, each child will be blessed to be gifted with one of these cute teddies which have been lovingly hand made by members of our church family and their relatives and friends.

The team would like to thank all of you who have knitted or crocheted these little cuties. This has been ongoing for many weeks and the result is fabulous with 187 in at last count!!

The teddies not only make a lovely gift but will hopefully serve as a reminder to children to keep safe and healthy by practicing good hygiene using correct hand washing procedures.



## Filling the Sabbath Hours

I wish Jesus were here to show us how to keep the Sabbath. I've long suspected we could do better. Keeping our first Sabbath in heaven will be such an eye opener.

Today we worship and praise God, as well we should. But that's only for an hour or two. What about the rest of the day? Resting you say? Yes, we rest from our own work, i.e. anything from which we personally profit and prosper. But could Sabbath be more than sitting around relaxing? Here is a quote from E. G. White that I'd like us to contemplate as I believe it contains valuable insights and suggestions...

“Jesus stated to them that the work of relieving the afflicted was in harmony with the Sabbath law... The necessities of life must be attended to, the sick must be cared for, the wants of the needy must be supplied. He will not be held guiltless who neglects to relieve suffering on the Sabbath. God's holy rest day was made for man, and acts of mercy are in perfect harmony with its intent. God does not desire His creatures to suffer an hour's pain that may be relieved upon the Sabbath or any other day” DA 207.

It would seem that the Sabbath is designed to turn our attention away from ourselves and toward God and others – specifically those in need. So, work to profit ourselves – bad. Work to relieve the suffering and help the needy – good. We already know and experience the Sabbath as a blessing; should we not then seek to make it a blessing to others? Is not serving God in the person of the needy also an act of worship?

“And the King will say, ‘I tell you the truth, when you did it to one of the least of these My brothers and sisters, you were doing it to Me!’” Matthew 25:40.