

WELCOME TO

# EPPING

SDA CHURCH

## THIS SABBATH

ELDER	Arthur
SPEAKER	Pr. Andy McCrostie
OFFERING	Local

## CHURCH SERVICE LINKS

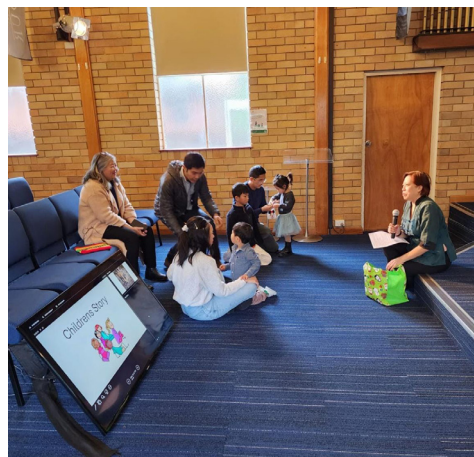
LIVE STREAM CHURCH SERVICE	<p>&gt; <a href="https://www.eppingsda.org.au/">https://www.eppingsda.org.au/</a></p> <p>&gt; <a href="https://www.facebook.com/eppingsda">https://www.facebook.com/eppingsda</a></p>
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## COMING UP EVENTS

7th July	Craftees @ Epping Church from 2pm - 4pm
21st July	Recipe Club @ Epping from 1.30pm
3rd August	Vegetarian Cooking Demonstration series Wk 1
10th August	Vegetarian Cooking Demonstration series Wk 2
17th August	Vegetarian Cooking Demonstration series Wk 3

# LAST SABBATH

## Epping Church Service - 22nd June, 2024



### OUR BEAUTIFUL ARRAY OF MISSION TRIP TEDDIES!!!

~ READY TO JET SET OFF TO TIMOR LESTE ~

One of the projects our team will be involved in, during our Mission Trip, is a visit to FuNan Childcare Centre to deliver Health lessons on hand hygiene. The Centre has 6 classes with children ranging in ages from 2 to 14 years.

There are 164 children in total at the Centre. After implementation of our planned lesson, each child will be blessed to be gifted with one of these cute teddies which have been lovingly hand made by members of our church family and their relatives and friends.

The team would like to thank all of you who have knitted or crocheted these little cuties. This has been ongoing for many weeks and the result is fabulous with 187 in at last count!!

The teddies not only make a lovely gift but will hopefully serve as a reminder to children to keep safe and healthy by practicing good hygiene using correct hand washing procedures.



## STEP ONE - PRAY

Things you do when you wake up: Check your phone for messages, visit the lavatory, have a shower, get dressed, and have breakfast. What's missing? Prayer, prayer is missing! More important than anything else you will do that day is talking with the Lord in prayer, and should be first priority.

I remember reading about the President of a well known multi-national corporation who, on a normal day, would spend his first hour at work in prayer. If it was going to be a busy day, he would spend two hours in prayer. If it was a busy and crucial day, he would spend four hours in prayer. This seems counterintuitive to the unbeliever, but he understood his dependence upon God in times of rush and relevance. We should all be so devoted to God's leading...

"Every morning take time to begin your work with prayer. Do not think this wasted time; it is time that will live through eternal ages" P 26. We also know that one of the secrets to Jesus' power and success while here on Earth was the vast amount of time He spent in prayer. Christ did nothing without first knowing it was the will of His Father and that He had His blessing.

In this life we will do many things we regret – but prayer will not be one of them. I encourage everyone to start the day by talking with their Maker and Friend. I challenge you... track the number of minutes you are on your phone, and spend an equal number of minutes in prayer – you won't regret it!

"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."  
Philippians 4:6.