# NELCOMETO

EPPING

# SDA CHURCH

### THIS SABBATH

ELDER	Alan
SPEAKER	Pr. Kenneth
OFFERING	Local

#### CHURCH SERVICE LINKS

LIVE STREAM	> https://www.eppingsda.org.au/
CHURCH SERVICE	> https://www.facebook.com/eppingsda

#### UPCOMING EVENTS

## EPPING CHURCH SERVICE - 16TH MARCH, 2024







#### LAST WEEK

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Charles and









#### LAST WEEK

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COLUMNER'S









#### LAST WEEK

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# SABBATH DELIGHT

Long ago, at the dawn of this world, God in His wisdom gave His creatures the Sabbath. It was a gift, a blessing. A time when we could focus solely on God's will.

What is the Sabbath to you? Is it a relief when you set aside your work? Is it a stress as you execute some sacred responsibility at church? Is it a joy for extraverts and a dread for introverts? Is it a boredom to be endured until the fun stuff at sunset? A lot will depend on our upbringing, our attitude, and our connection with God.

"The Sabbath is not intended to be a period of useless inactivity... devote those sacred hours to healthful rest, to worship, and to holy deeds" DA 207. We can rest the body from heavy manual labour, and gently exercise in the fresh air and sunshine. We can sing songs of praise, feed on God's Word, and fellowship with fellow believers. And we can minister to others, bringing them a Sabbath blessing, sharing God's love with every word and deed.

The Sabbath should be eagerly anticipated like a birthday or holiday. It should be celebrated for the anniversary that it is. It should fill us with hope and joy as we remember Creation and look forward to our King's soon return. It is a day for love and generosity to reign supreme. May we all experience Sabbath the way a five-year-old revels in Christmas morning...

"If you keep the Sabbath holy, not having your own fun and business on that day, but enjoying the Sabbath, speaking of it with delight as the Lord's holy day, and honouring the Lord in what you do, not following your own desires and pleasure nor talking idly— then the Lord will be your delight, and I will see to it that you ride high and get your full share of the blessings I promised to Jacob, your father. The Lord has spoken." Isaiah 58:13-14