

# Epping Church Newsletter

NO. 187

1ST MARCH  
2012



## Welcome

Welcome to Epping Church's weekly Newsletter.

This is your newsletter, so please feel free to share any news, photos or images. Newsletter does imply recent "news" but this publication is also a vehicle for creative talents, such as design, art, photography as well an outlet for the budding journalist, poet or novelist amongst you.

If there is any information or images you would like to share in future editions, please email it to Alvin or Stephanie at the addresses below:

[ajing@eppingsda.org.au](mailto:ajing@eppingsda.org.au).  
[stephcyee@yahoo.com](mailto:stephcyee@yahoo.com)

This newsletter can also be downloaded on our website:

[http://  
www.eppingsda.org.au](http://www.eppingsda.org.au)

## **This Sabbath at Epping**

This Sabbath's service will be taken by Epping's **Pastor Rams Tupe**. Arthur is the elder on and the offering is for our **Local Church Budget**.

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## **Last Sabbath at Epping**

Last Sabbath's service was taken by **Eva Ing**, and was entitled - "My Iceberg is Melting"

Eva began with a Children's story which illustrated how a community of penguins came together and worked in harmony to find a solution to a problem that threatened their very existence. The colony had to change their ways to adapt and survive.



Eva then went onto state in her sermon that there are 8 essential steps to Change:

1. Create a senses of urgency to deal with a difficult issue
2. Carefully select a group in charge of guiding the change
3. Find a sensible vision of a better future
4. Communicate the vision so that others can understand and accept it
5. Remove obstacles where practical
6. Establish quick wins
7. Never give up until new way of life established
8. Finally ensure change is not overcome by hard to die traditions.

Eva stated that our church also needs to change to survive and thrive. Epping Church was an example of this. Epping today is different to what it was like 10 years ago

This years theme is "Taking the next step". This implies change change can be incremental

Changes sometimes bring on fear, which we need to deal with. For Epping, 4 areas of change that we are adopting this year are:

### 1. Community

Health Assessment at Carlingford court -why change? To reach a different more relevant audience.

### 2. Church

Changes to our Elder team, organization and Worship to ensure it is relevant.

### 3. Family

Cell group worship, including Virtual groups

### 4. You (Us)

How can we change for the better?

Process of salvation is about change. 2 aspects: justification and sanctification both imply change.

What is your change this year?

Read:

1 Thessalonians 5:23

Philippians 2:12,13



Last Sabbath, was also **Annali's** last (for the time being) before moving to Avondale. Good Luck and God's blessing Annali as you study at the College, and we are sure you will find the time to visit us and continue to lead out in the Youth Band



## **Pathfinders**

### **Last Sabbath – Yellow Rock Camp**

From Henry:

We had a very good time at the camp at Budgewoi last weekend, and those of you who were not there, please find some of the photos below. Thank you to all who came and while we were there, it hardly rained.

*Thank you Henry and Ben for the following photos:*



From Henry:

### **2012:**

Some of you have not yet completed your enrolment for this year. Please do so at the next meeting. If you have a friend you want to invite, please do so even if they can't come to every meeting.

### **TRIATHLON:**

Last meeting we launched the Triathlon sponsorship, Training and Fitness program.

I must stress the importance of keeping VERY SAFE the sponsorship form when it has been filled out. There is a lot of valuable and private information you have been entrusted with, please keep it very safe and secure.

All donations are tax deductible and the Mission Project form is for you to give out to those who prefer a paper form or do it on line. Give them the black and white one for information purposes. Keep the colour ones for display as the pictures are clearer.

You need to find sponsors to do the triathlon. I would like to see everyone raise \$50 each as a goal not counting "bonus" funds. If you don't have a bike, let me know so we can try to find one for you before the event. If you have a bike, please use it and fix it if need be. You can do the various legs of the triathlon with short breaks. Don't give up, your sponsors are counting on you to finish!

Please train and keep track of your activities. It's important that you improve your fitness before the Triathlon. For those of you who haven't got the Triathlon honour, you will get it after the event. For those who already have the honour, you can try for the Triathlon Advanced.

### **THIS WEEK:**

We will be finishing up the modules we started last time, but didn't fill out the sheets and then we will cover the Survival module in preparation for our Survival Night towards the end of March. The first possible location will be at Duck Hole (where we tried to go last year) but if not, we will find a different place that is approximately the same accessibility.

The following meeting we will check your activity sheets and record how you are progressing with your fitness

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## **Youth**

Tomorrow night both Superfridayz and Teen Rally will be combined. There is a service being held at Macarthur Adventist College at 12 Victoria Rd, Macquarie Fields from 7:30pm - 9:30pm for those who are interested. The speaker is Brock Goodhill so tell everyone and bring everyone! Hope to see you there!

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## Special Prayer Requests

- Please remember **Ken Wood** and family in your prayers.
- Please remember **Michael Worker's father, Graham** in your prayers.
- Please remember Stephen's mother, **Joy Baxter** in your prayers as she battles illness. Please keep **Bob McIntyre** in your prayers

*From Arthur:*

*Thank you to all our prayer 'warriors' who faithfully pray for those in need of support and spiritual uplifting. You are all a part of an invaluable mission of our church. Thank You!*

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## **Personal Ministries**

There are some exciting things happening in Personal Ministries this year. Rod and the Personal Ministries team have been hard at work and here's some planned highlights for this year;

Cell Groups - restarting February 10. 4 planned groups

INSPIRE 2012- April 19-22 weekend, Meroo

### Outreach activities

1) Health Assessment / Presentations - Health Assessment May 6 - Carlingford Court

4 week Health Series Saturday afternoon (2.30pm) in May / June.

Planned Schedule (draft):

May 12: Cardiac Health - Alvin

May 19: Bone Health - Rod

May 26: Lung Health - Alvin

June 2: Stress Management / Dealing with Depression - Frances

2)Vegetarian Cooking Series - 4 weeks - August 4/11/18/25.

3 Spiritual based Program - Major GSC initiative planned for May 2013 with Sydney City Evangelism,

Epping's own Christian program in February 2013, as a feeder program for May 2013 Evangelistic series.

More details on each of these initiatives closer to the event, but keep these dates in your diary

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## **Epping Mission Project Photos**



From Belle:

Our donation total is **\$6,672.58 at present. (Goal \$30,000)**



## Epping Mission Project 2011

Our Goal: **\$30,000** to support  
International Children's Care Sri Lanka



**Brick Making** - Help fund a small workshop, materials, sales yard, shed, electrical connection, materials to get started. Provide job opportunities for the older students to develop skills, work ethics and earn some pocket money as well as make a return profit to ICC Sri Lanka.



**Bakery and Retail Centre** - a small commercial centre on the roadside to sell the produce such as bread from their small bakery, and fruit, vegetables, eggs. This will be a part of the vocational training for the older abused girls referred by Child Protection (CPO).



**About ICC Sri Lanka:** The ICC Children's Centre is in a small village community adjacent to Lakpahana Adventist School in the Central Province. It is 45 minutes drive from the nearest city, Kandy. The centre has been through a difficult time but during 2010 emerged with a glowing report from the provincial child protection office which culminated in formal recognition and registration as an Orphanage in October 2010. ICC is now considered to be among the best orphanages in the province in terms of quality of care for the children.

The provincial authorities have asked if ICC Sri Lanka would be prepared to care especially for abused girls since that is the greatest need in the Kandy region. In their judgement Christians care for this type of person better than any others. The ICC Village property could potentially accommodate 60-70 children. It currently houses 28.



Some improvement to the facilities took place leading up to registration. Our dream is to develop the centre to the point that it provides best practice caring in family style homes for some of Sri Lanka's most neglected and abused children and one that can operate with little or no dependence on foreign aid so that we can reach other children in other locations that are also in need of care.

## How to make a Donation



1. **Cash Donations** of \$2 or more are Tax Deductible  
ICC Official Receipt issued by Belle Tung
2. **Online:** <https://iccaustralia.worldsecure.com/support/support.html>  
In the **Area to Support**, please type **Epping Mission Project**  
You will receive an email acknowledging your donation and a  
Tax Deductible Receipt mailed to you within 5 working days.
3. **Credit Card** - please use the Donation Form below and

**Mail to:**

International Children's Care Australia  
Suite 205, 16 Hunter Street  
HORNSBY NSW 2077

or Fax: (02) 9987-1920



Credit Card Donation Form			
Name on Card		Amount	\$
Credit Card No		Expiry Date	
Card Type	<input type="checkbox"/> Visa	<input type="checkbox"/> Mastercard	<input type="checkbox"/> Amex
Signature		Date	
Telephone No		Mobile	
Please write name here if it is different from the Credit Card Holder and the address you would like your receipt mailed to.	Name		
	Street		
	Suburb		
	State		Post Code

Thank you for your generosity !!!

## Happy birthdays!

Happy Birthday to Matthew Kuo and Stephanie Yee who celebrated their birthdays in style last week.



## Photo of the Week



Taken by Danny Irvine

## Thought of the Week

"A song of ascents. I call on the LORD in my distress, and he answers me."

Psalm 120:1