

# EPPING CHURCH NEWSLETTER

Welcome to Epping church's Newsletter!

Hope everyone's week has been great, and you are ready for an even better Sabbath!

Here we'll delve into the current happenings of Epping church, summary on last week's sabbath and also updates on the many upcoming events!

If you have anything to share with the church, please don't hesitate to contact us on the below emails.

**Mande** : [mande.lees@gmail.com](mailto:mande.lees@gmail.com) ; **Stephanie**: [stephcyee@yahoo.com](mailto:stephcyee@yahoo.com) ; **Alvin**: [ajing@eppingsda.org.au](mailto:ajing@eppingsda.org.au)

**WELCOME WELCOME,  
HAPPY SABBATH ALL**

## UPCOMING EVENTS

Nov 14th	Sabbath School Training Session 3pm Auburn School
Dec 3rd	Special Service taken by Cleary Heinze
Dec 17th	Christmas Program
March 3-5 2017	Epping Church Camp @ Crosslands. See Arthur for details
March 17-18 2017	IGNITE @ Sydney Showground with Pr Dwight Nelson

## PRAYER REQUESTS

- Please remember Fedz's father who is ill in the Phillippines
- Please give thanks that Helen has made a speedy recovery
- Please pray for the Musa Family as they grieve the passing of their Father
- Please pray for the Nominating Committee and for Epping Church members to accept church positions for 2017-2018

## This Sabbath at EPPING

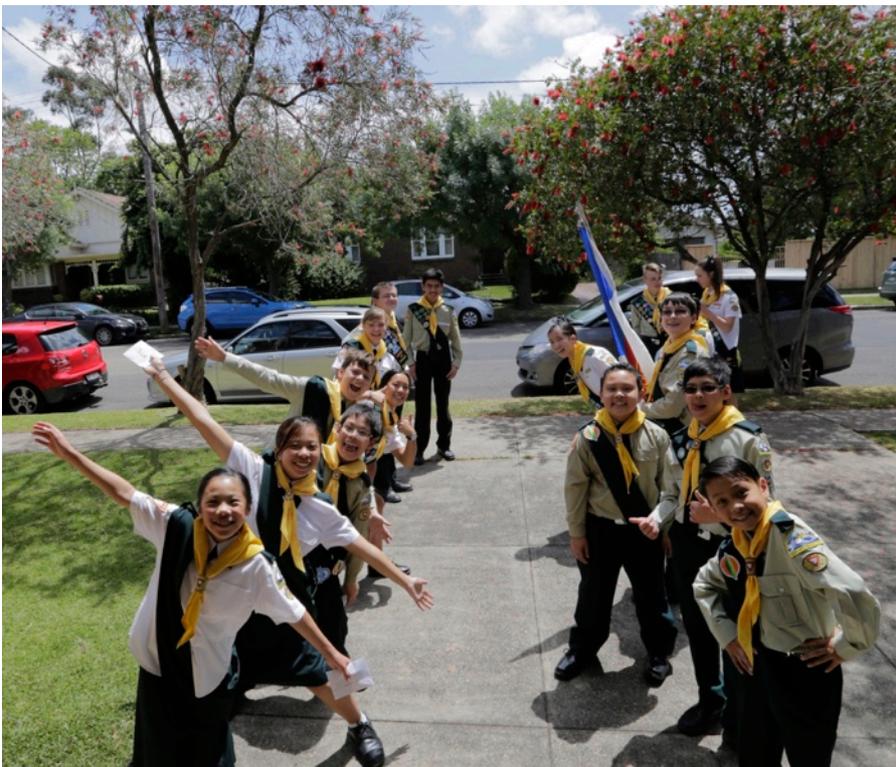
Elder: Rod Kuo

Speaker: David McKibben

Offering: Local

## Last Sabbath at EPPING

Pathfinder Investiture this week.  
So great to see all their achievements throughout the year.  
Well done!



SEVENTH-DAY  
ADVENTIST  
CHURCH

2







# SABBATH SCHOOL TRAINING SESSIONS

**NOVEMBER 19TH 2016**

**3PM | AUBURN SCHOOL**

ATTN All Sabbath School Leaders and Teachers,

Our last Regional Training for the year is coming up on November 19, 3pm at Auburn School and we are running a Sabbath School session which we'd love you to attend. I'd love to get a chance to meet with Sabbath School leaders and hear what's working, what's not and share some great ideas and resources.

What does Sabbath School and potato chips have in common? They both had their beginnings in 1853! Though the most common answer is... they both can get a bit stale... Does your Sabbath School need a little freshening up? With a little creativity, some good resources and a bit of care!

Sabbath School can be one of the greatest evangelistic tools in our Church! Come on November 19 to get some fresh ideas, network with other Sabbath School leaders and grab some free resources.

Look forward to seeing you there!

- Lyndelle Peterson

## EPHING MISSION PROJECT 2015 - 2017

Our goal is \$20,000 and we have already raised **\$20,000!!**  
We aim to do a Mission trip January 2017

<https://www.givematcher.com.au/fundraisers/epping-s-mission-in-action>

### EPHING CHURCH MISSION PROJECT 2015 - 2017



#### Our Goal

Our goal is to raise \$20,000 to support International Children's Care (ICC) in Cambodia.

#### About ICC Cambodia

The following projects we hope to support are:

- Light of Hope Children's Village – Kampong Thom Province where currently the ICC school at Light of Hope services 650 students (95 of whom are in the orphanage and the remainder are from the outlying villages). This project is to enhance Khmer & English books in the ICC school library.
- Much needed building maintenance of the Light of Hope homes and school.
- A Medical Clinic Program in the province of Kompong Thom.
- Development of microfinance projects in Phnom Penh which will help women develop their own business enterprises to support their families.



For more information see <https://www.iccaustralia.org.au/where-we-work/country/cambodia>

#### How can you help?

If you would like to help support this community development initiative through the Epping Project, please click on the following link below and complete the payment form.

1. Donate by credit card online at: <https://www.givematcher.com.au/fundraisers/epping-s-mission-in-action>
2. Cash donations of \$2 or more are tax deductible. Please see Henry Tung
3. Cheques – please make cheque payable to "Epping Church Mission Project"

**Thank you for your generosity.**

## PASTOR NIGELS

### THOUGHT OF THE WEEK:

#### Food For Life

It may come as a shock to you, but I like food. And I don't think I'm alone. How clever of God to make our daily refuelling such a pleasant experience. By choosing the right foods we get all our vitamins and minerals, antioxidants and protein, fibre and fats, carbs, sugars and amino-acids. We can eat fresh or we can cook. We can combine foods to enhance the taste sensation. Where would we be without raspberries and cream, or peanut-butter and honey?

But because we are all individuals, not all foods taste the same. Some foods are very good for us but taste like an old sock (yes, I'm looking at you Brussel sprouts). So, we grin and bear them for the sake of our health. Other foods taste like heaven but are not very good for us, and so we call them 'sometimes foods.'

"What food is to the body; Christ must be to the soul" DA 389. From Christ, we get our health and strength. He is all we'll ever need to become wise, compassionate and loving. Some lessons we must learn do not 'taste' so good, but we endure them because we know He loves us and is only thinking of our own good. At other times, we sense His presence and it is a little piece of heaven on earth. We wouldn't dream of not eating for a day or a week, so why would we ever forget to plug in to Christ from one day to the next?

"O taste and see that the Lord is good: blessed is the one who trusts in Him"  
Ps. 34:8.



A supermoon hangs near the horizon in the night sky. The supermoon that will rise on November 14 will be the biggest seen since 1948.

PHOTOGRAPH BY KENT KOBERSTEEN, NATIONAL GEOGRAPHIC CREATIVE