

Epping SDA Church Newsletter

No: 143: 10th September, 2010

Welcome to our weekly Church Newsletter.

Thank you to everyone who has contributed to this edition with articles, news and photos.

If there is any **information** you would like to share or a **photo** you would like us to view, please email it to the address below.

ajing@eppingsda.org.au.

This newsletter can also be downloaded on our website: <http://www.eppingsda.org.au>

This Sabbath @ Epping

A special guest speaker, **Rosebud Heun**, will be taking this week's service. I first Rosebud earlier in the year in Hawaii, and she has a very relevant health message for us. Rosebud is a Public Health Nutritionist and has a Masters in Public Health. You can read more about her background on her website "Healing with Creation".

<http://healingwithcreation.com/wp/rosebud/>

The elder in charge is **Alvin** and this week's offering is **the Annual Sacrifice Offering**.

Last Sabbath @ Epping – Sydney Adventist College

Epping were delighted to have students and teachers from Sydney Adventist College take our service last week. It was a wonderful service filled with uplifting music and inspirational talks. Thanks must go to all students, teachers and the Principal, **Julia Young** for presenting a service, which embodies the essence of Adventist Education. Thanks and congratulations also to **Annali**, who help made it all happen.

Song Service



The Poly Girls:



Special Item: Joy Perkins "Be my Vision"

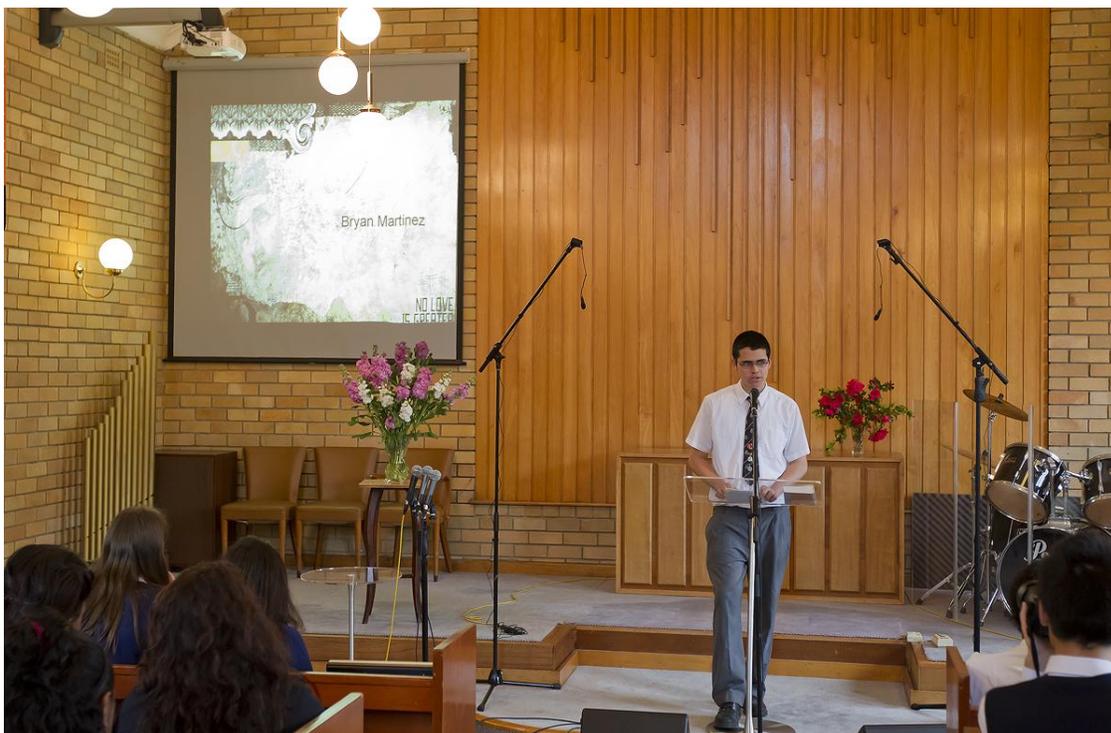


Pastor Richie, School Chaplain



Bryan Martinez - dreams of being Australia's next Prime Minister. That's not as far fetched as it seems. That's because with God, all things are possible. Just look at the story of Joseph.

Philippians 4:13 – "I can do everything through him who gives me strength"



Susan Rodriguez - told us that the greatest story in the bible is about Jesus Christ.

Read it for yourselves in John 8:32 and John 18:37

What's so great? Jesus sets us free from the slavery that is this world.

John 8:34-36 – “Jesus replied, “I tell you the truth, everyone who sins is a slave to sin. Now a slave has no permanent place in the family, but a son belongs to it forever. So if the Son sets you free, you will be free indeed.”



Annali Baxter asked us “Are we feeling inadequate?”

She told us that Moses certainly felt inadequate initially.

Exodus 2:11,12 “One day, after Moses had grown up, he went out to where his own people were and watched them at their hard labour. He saw an Egyptian beating a Hebrew, one of his own people. Glancing this way and that and seeing no one, he killed the Egyptian and hid him in the sand”

Moses had killed an Egyptian and became a fugitive. He felt inadequate, yet he still rose to lead his people

Exodus 3:1-10 - God calls Moses, and what does he promise?

Exodus 3:12. And God said, "I will be with you"

God will be with you and set you free from you uncertainties.



Daniel Akrawi started by giving us an abridged history of the suburb of Epping. This young man will go far. He obviously has done his homework.

Daniel then saliently told us that "A good sermon has a good beginning, a good ending, and these should be as close together as possible". He was true to his word.

Daniel spoke about Paul and Silas and the possessed slave girl in Acts 16. Paul and Silas were imprisoned after they cast the demons from the girl, as she could no longer tell one's fortune and thus her owner lost a valuable income stream.

God freed Paul and Silas - God does not forsake his servants.

Read Psalm 42:9,10 John 8:36 – "So if the Son sets you free, you will be free indeed"



Special Item – Closing Song – Looks like a new age Boy Band



Epping Cell Groups – Revelation Series

Our Cell Groups for Term 3 conclude tonight

This Revelation Series will span several terms as there are 24 DVDs. The suggestion is for 1 DVD with booklet /week but each Cell group can run at it's own pace.

Term 3 commenced on Friday July 30 to Sept 10.

Dates: Friday evenings, 7:30pm

Week 7: Sept 10

Venues:

- 1) Yee's
- 2) Tung's
- 3) Go's
- 4) **Youth Group - Laws residence Tonight**

Operation Christmas Child 2010

Thanks to Jen Woods, Epping Church are involved in Operation Christmas Child this year.



What is Operation Christmas Child?

Operation Christmas Child is a unique project of Samaritan's Purse that brings joy and hope to children in desperate situations around the world through gift-filled shoe boxes.

It provides an opportunity for people of all ages to be involved in a simple but hands-on project that has the power to transform children's lives.

In 2009, our teams in Australia and New Zealand delivered over 300,000 gift-filled shoe boxes to South East Asia and the South Pacific. Globally, Samaritan's Purse distributed an estimated 7.6 million shoe boxes to children in 105 countries.

As each shoe box gift is delivered, it is treasured by the child that receives it, and is a lasting reminder that he or she is precious to God.

How do you do it?



STEP 1 **FIND A SHOE BOX**
Find an empty medium-sized shoe box, approximately 15 x 27 x 11 cm.
Wrap the lid and box separately in colourful wrapping paper.

STEP 2 **BOY OR GIRL?**
Determine if a boy or girl will receive your gift. Select the age of the child who will receive your box. Mark the label downloaded from our website and stick it on your box lid.

STEP 3 **FILL WITH GIFTS**
Fill the box with a variety of simple gifts that will bring delight to a child.

IMPORTANT
Put your donation in the envelope or donate online at www.samaritanspurse.org.au.
Close lid and secure with a strong rubber band.
Your donation of \$9 or more covers our project costs of organising and delivering the boxes.

More information here - <http://samaritanspurse.gotdns.org/>

The Pathfinders are supporting this project as well and the boxes need to be in by mid-October.

Please see Jen for more details.

Pathfinder News

Practice backpack is on this Saturday 11 September.

From Henry:

The backpack this weekend will commence as soon after lunch/ church as possible. This will help prepare you for the Expedition. Even if you aren't planning to come on the Expedition, this will build up towards the Backpacking honour.

We have to get started by 3 pm from Springwood station at the very latest. Even at that time, you must have your lights handy as we may get to the camping spot in the dark. It is about 2 hours walk.

We need to be at Blaxland station before 2:30 (train and bus leaves to Springwood) to get to Springwood station. Otherwise we'll have to leave one car at Blaxland and pick up all the cars after the walk.

Latest train leaves Blaxland at 2:58 and gets to Springwood at 3:10 pm

Both Blaxland (Wilson Wy) and Springwood (Station St) commuter parks are on the north side of the railway line.

There is other parking at Blaxland (Hope St) and Springwood (Springwood Av) but further away.

<http://pf2.hmtung.com/magdala/>

The link will give you an idea of the track.

Plan:

3 - 5 pm: Springwood station to Martins Lookout Campsite next to the creek. However you cannot drink the water from the creek.

5pm make camp and dinner. Dry Camp!!

7 am rise be ready to leave by 8 am; earlier the better

8 - 9 am Target time to reach Bunyan's lookout; have short break

9-9:30 am side trip to Lost World Lookout

9:30 - 11 am Reach end of spur Bull Ant Run, across from Blaxland
11-12 Noon: Down to the creek then up to Blaxland, Ross Cr
12:30 Blaxland station

=====

Things to bring:

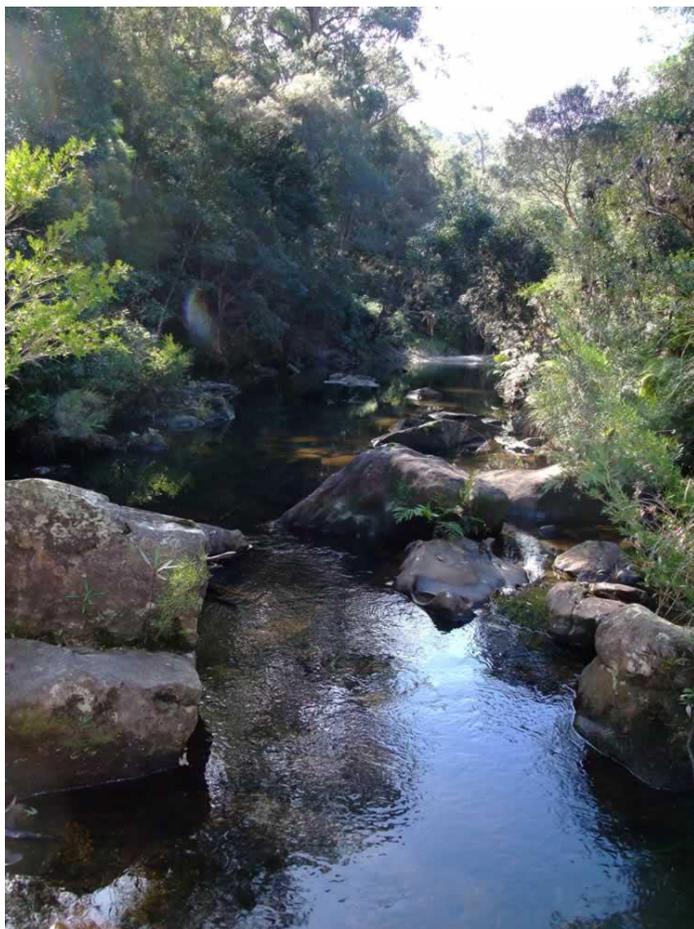
3 litres water each you must have at least 1.5 litres at beginning of Sunday morning

Weather is supposed to be nice (no rain) however, be prepared for heavy dew and cold night.

We probably won't be having a campfire but that will depend on the weather.

This is a really beautiful walk and you will not be disappointed you came. Spring flowers will be blooming on the higher slopes.

Here are some photos of the track will be doing from Henry:



More photos from Henry here:

<http://pf2.hmtung.com/magdala/index.htm>

EXPEDITION (24-26 September).

You will not want to miss this one; it's in the Megalong valley - Six foot track.

Backpacks and tents. Only a few small backpacks are available. Those who need a backpack please see Uncle Henry for a sample of a backpack now available. If you need a tent, please buy one.

Proposed Expedition Groups:

Currently this is the listing. If you want to change, Henry needs to know straight away. If you haven't been on an expedition before you have to stay in Group 1.

All the groups have to change camps so that means a fair amount of full backpacking. Distances are approximate. On Sabbath you will hike about 7-8 kms to get to the campsite. Water will need to be purified and I suggest you carry at least 3 lit water and maybe more.

Group 1 Int 3 (approx 14 kms)

Daniel Kross
Jared Kross
Jessie Ly
Tim Pinzone
Nadejda Ly Egorina
Jim Kross
Danny Pinzone
Henry Tung #

Group 2 Int 4 (approx 17 kms)

Ron Manahan
Brianna Worker
Ayen Manahan
Angelica Kross
Joshua Ly
Andy Ly
Michael Worker
Meagan Wright #

Group 3 and 4 Int 8 (approx 18 kms, 8kms off track)

Katie Teuben
Caitlin O'Neil
Ashleigh Wong

Tanisha Elliott
Alvin Ing
Arthur Wong
Pr Fuentes
Belinda Wright #
Jonathan Tung #

CAMPOREE forms are due.

Australian Union Conference Camporee, Jan 4-9, 2011.

The place is: Toowoomba, Queensland and it is at 700m elevation.

The fee structure is:

Early bird \$170 (pay before 1 Sep 2010)

Regular fee \$190

Late fee \$220 (pay after 1 Dec 2010)

Other dates for backpacks are 30 Oct and 13 Nov. Details later.

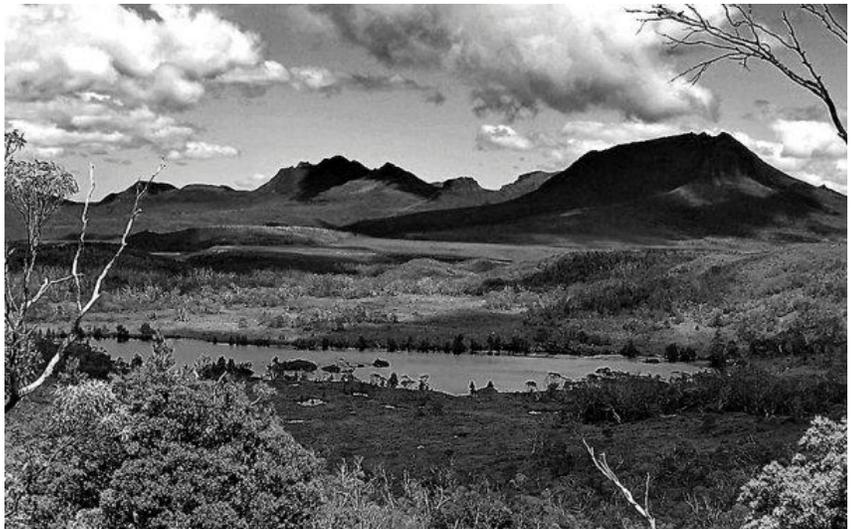
Most probably one will be in Blue Mountains and the other will be Ten Mile Hollow.

Overland Trek – December 16-21

The Pathfinders and other interested members are planning to do the Overland Trek from Cradle Mountain to Lake St. Clair in Tasmania. Those of us who did this in 2006 found it a truly memorable experience.

If you are interested, please see or contact Henry. The above dates are fixed and have been booked. The planned itinerary is:

14 Dec - Launceston Backpackers
15 Dec - Waldheim Huts - bus
leaves at about 9:30 am
16 Dec - Waterfall Valley
17 Dec - Lake Windermere
18 Dec - Pelion
19 Dec - Kiaora
20 Dec - Bert Nichols
21 Dec - Launceston Backpackers *
- bus arrives back here about 5:



Church Budget - 2010

A reminder to encourage everyone to support our local church budget offering. On the Sabbaths when the offering is not designated as "Local" you may still give to the Local Church Budget via the envelopes located on the church pews. Just mark these envelopes for "Local Budget".

As a result of capital purchases (e.g. the piano) and recent repairs (e.g. hot water and electrical circuits) we need to raise approximately \$600 per week to balance the budget for the remainder of 2010. There are only 10 Local Budget offerings for the remainder of the year. Thank you all for supporting Epping.

SDA Church -150 years since the choosing of our name

The first weekend in October (**October 2**) is the celebration of the 150th Anniversary of the naming of the Seventh-day Adventist Church. Churches all around the world will be having a special celebratory service. Here is some more information:

<http://www.eppingsda.org.au/150SDA.pdf>

Vegetarian Cooking Classes

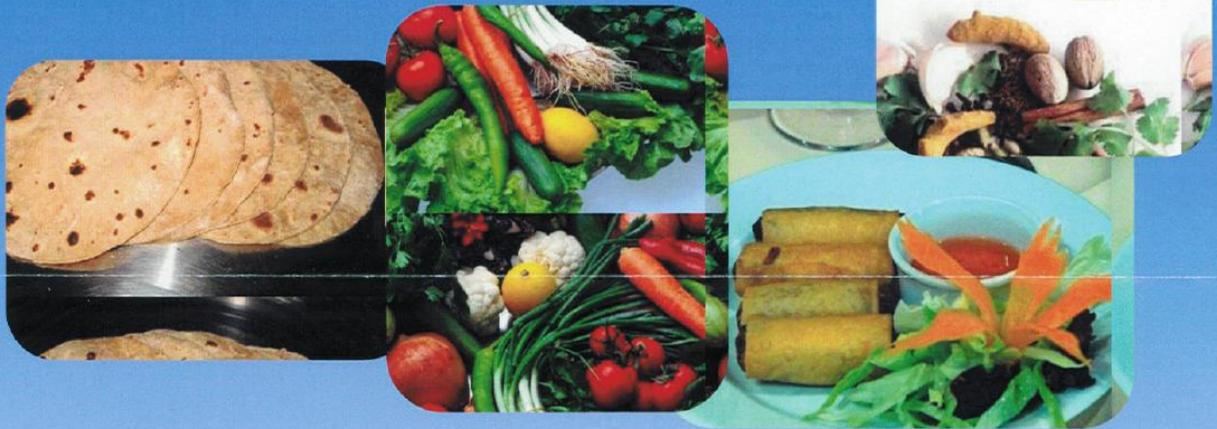
Thanks to Victor, Rod and the Personal Ministries team for putting this together. It was a great success last year.

The following flyer has been revised:

FREE Vegetarian Cooking Classes

Are you new to vegetarian cooking?
Do you want to learn some new healthy recipes?
Join us for our series of multicultural vegetarian cooking classes.

- Class 1 – October 23
- Class 2 – October 30
- Class 3 – November 6
- Class 4 – November 13



Freewill donations will go towards the Epping Mission Project -
to support the ICC Happy Valley Elementary School Building Project,
ICC Orphanage, Philippines.

Location: Epping SDA Church Hall, 2 George St, Epping

Time: All classes start at 2:30pm

For Bookings and Enquiries: Phone 0433 732 039

Prayer Requests:

Manahan Family	<i>Please keep Ron and his family in your prayers as Ron serves in Sinai</i>
Sue Wood	<i>Both Ken and Sue appreciate the care and support that you continue to show toward them. Please continue to remember them in your prayers</i>
Bob and Nerelle McIntyre	<i>Please remember Bob, Nerelle and Colleen in your prayers.</i>
Ivan Baxter	<i>Please keep Ivan in your prayers as he battles illness</i>
Victims of the Pakistan Floods	<i>Please prayer for those affected in Pakistan, and for ADRA as they provide much needed aid.</i>

Dates to Keep in your Diary:

September 11-12	<i>Practice Back Pack</i>
September 18-19	<i>GSC Constituency Meeting</i>
Sep 24-26	<i>Pathfinder Expedition</i>

Photo of the Week

Thanks to Andy for this week's photo



Thought for the Week:

"Even to your old age and gray hairs I am he, I am he who will sustain you. I have made you and I will carry you; I will sustain you and I will rescue you."

Isaiah 46:4