

Epping SDA Church Newsletter

No: 115 20th August, 2009

Welcome to our weekly Church Newsletter. Thank you to everyone who has contributed to this edition with articles, news and photos.

If there is any **information** you would like to share or a **photo** you would like us to view, , please email it to the address below.

ajing@eppingsda.org.au.

This newsletter can also be downloaded on our website: <http://www.eppingsda.org.au>

This Sabbath @ Epping

This week's service at Epping will be taken by our own elder **Pastor Michael Worker**, with **Greg** the Elder in Charge. The offering will be for **"Fund for Needy Persons"**

Last Sabbath @ Epping

Our service last Sabbath was taken by **Pastor Cheonneth Strickland**, and he spoke on how we can **"Live in Jesus' Name"**. Cheonneth also took an enthralling children's story. It was wonderful how he engaged our children in the service.



Epping Youth

Youth Meeting – This Friday, 21st August, 2009

The next Youth meeting will be held this Friday evening 21st August at the Yee's home at 7 pm. The address is 35 Marion St Strathfield. Please contact Matthew for further details.

Pathfinder and Adventurer News

1. Pathfinder Expedition

Please return your Expedition application forms to Henry. You need to fill out all the relevant sections except the group section.

If you have misplaced your form, it can be downloaded here:
<<http://www.sydneyadventistyouth.com.au/events/93104>>

2. Practice Hike, Muogamarra last Sunday.

By all accounts it was the perfect day for a practice hike for the expedition. It was a glorious sunny day, and the wildflowers were in abundance in readiness for spring. Plenty of flora and fauna to keep Epping's budding photographers happy.

Thanks to Belinda, Meagan and Arthur for the following photos.

There will be a further practice hike on the **30th August** with the following details from Henry:

Meet at Cowan: Anyone who has been on expedition before should try this hike from Cowan to Brooklyn (11 kms). If you are athletic or sports is a past time, you can also try this.

If not, we suggest you try the shorter walk from Brooklyn. The track is the same and both groups will meet at the Brooklyn Dam. Beginner's group will leave from Brooklyn about 10 am and walk about 3 kms to the Dam. The first part is rough and steep, but levels out about 150 metres later and is a Service road.

You need to have good hiking shoes/boots lunch and water (1 litre minimum) hat, and any medication you need. We would like to begin by 9:30 am and will finish about 1:30 pm. If you drive and leave your car at Cowan, you can get a train or ride back.





Sew and Tell – September 7

The next Sew and Tell meeting will be on **Monday September 7 at 7.30 pm**, at **Sue Wood's home**

Thanks to Carlene for the following report of the last Sew and Tell meeting:

"Here is a photo taken at the last Sew and Tell meeting. I have been crocheting pieces for the Sydney Hyperbolic Crochet Coral Reef exhibition at the Powerhouse Museum from August 21 in association with the Ultimo Science Festival and Science Week. You will find the website at

www.sydneyreef.blogspot.com or www.ultimosciencefestival.com .

Bev Garrard, who grew up in Epping and attended Epping Church and who is now regularly coming to Sew and Tell, brought me some yarn which had been her mother's 40 or so years ago. I used some of it to make hyperbolic figures and brought them to Sue's on August 3 to show Bev what I had made. This is not the first of my hyperbolic work the ladies have seen.

Helen pounced on the purple pseudosphere and put it on her head, called herself 'Queen Helen', and Sue draped another piece around her neck and was promptly dubbed 'Princess Sue'.



Our meeting includes a devotional reading and prayer as well as the opportunity to see what handcrafts and art the group is producing. This time Colleen had an exquisite quilt nearing completion and Helen an amazing painting of her (Melbourne) grand daughters to show, among other craft work. And the Sew and Tell group would not be complete without those who come to share in the fellowship, the talking and Sue's elegant suppers. We fill Sue's sitting room but there is always room and a warm welcome for one more.

Cooking Seminars

This report from Arthur:

Vegetarian Cooking Class Number 2

It was Sabbath afternoon and the second Epping Church vegetarian cooking class was upon us. Given the success of the first one, there was an air of nervous anticipation...will this one be as well attended? After a very smooth and efficient setup period where many hands made light work we were ready to begin. In fact, we set up so quickly that a few helpers even had time to create some vegetable art (Editor: otherwise known as Belle's new babies, Hansel and Gretel).



The hall filled quickly and the class kicked off at 4pm and I am happy to report that we had even more participants than the first one!



The chefs on this occasion were Margaret and Zorana, and they both maintained the high standards of presentation, entertainment and delicious recipes set the week before.

First up was Zorana who demonstrated the process of making gluten steaks. She made the process look simple and the end result was sampled by everyone and many returned for seconds (and thirds and fourths). She showed how the steaks could be used for stir-fry's or crumbed and fried for a delicious schnitzel.



Margaret was next and she cooked two Chinese dishes in a matter of minutes to the amazement of the audience. She did a sweet and sour dish and also a stir-fry using meat substitutes from Lamyoung Vegetarian Products who generously donated their products for the cooking class. We learnt that Margaret recently cooked 10 dishes for 60 people by herself using some of the techniques she demonstrated...I suspect we will need more practise to get to this level!



Darlene also made some kebabs from Sanitarium nutmeat and tenderbits for the audience to sample. The audience got to sample all the food at the end of the evening and there was lots of appreciative head nodding and 'Mmms' from everyone.

It was also at this time that we were able to make contact with the visitors and form new friendships. Some strong friendships have already been formed, an example is where some of the participants from the previous Health Seminar made a great effort to attend the last 30 minutes of the cooking class despite having conflicting events earlier in the afternoon...mainly to catch-up with a few of our members.

What a great event! Please continue to support this outreach with your prayers, attendance and friendship to the visitors. Please also continue to pray for the Williams family, they did not attend on this occasion but I'm sure they will appreciate our prayers.



Support the Cooking Program this week, Sabbath 4 pm.

Belle Tung will be Master Chef this week

Postcard from Tonga

From Dale and Gloria Stuart:

Greetings, salutations and a happy Sabbath to you from Tonga. We arrived on Wednesday and started computer classes (for the primary school teachers) at the mission office on Friday afternoon. The group seemed to enjoy themselves. This group were ones that had NO computer use experience at all - always a fun group to work with. They seemed quite enthusiastic so we'll see how they go for the rest of this coming week.

We came to Tonga as part of a 4 week trip to upgrade software, fix computer problems and conduct training for church staff and teachers in Western Samoa, American Samoa and Tonga. We spent a week in Western Samoa and while Dale fixed computers and servers and stuff I held classes for the academy teachers and any interested mission office staff. The training was done in a Fale (pronounced faalae). It is a beautiful building with carved rafters supporting the roof. A fale is a traditional home and only chiefly houses have carved rafters. Classes were well attended and we pray that the training will help the teachers to be more effective in preparation of class materials. Unlike the US, they have to create most of their resources from scratch. I've attached a picture of the rafters inside the fale and one of the outside of it.

From Western Samoa we flew 30 mins to American Samoa. We went to the Adventist school there and Dale set up a new network for their computer lab and again I attempted training. The training didn't go well there materials which did seem a bit strange since the people there are Samoan decent and learning US history and geography is really of no benefit to them.

Somehow I don't think the US government really thought too hard or well when it came to American Samoa's schools and the learning needs of the students. Our school there is struggling because government schools are free and we still have to charge fees to run the school. The school gets grants to ensure that the students have the best possible resources for education but no money is granted for building maintenance. Thus the buildings are in dire need of repair and maintenance. They have few sporting for playing in if the weather is bad - which it was while we were there. We were in American Samoa for 5 days and Dale will have to return from time to time to help keep the computer lab up and running.

Our flight from American Samoa to Western Samoa was very interesting. We'd had bad weather for the whole stay and it was blowing hard and rainy when we took off. We

were in row 1 of a small 12 seater twin prop plane. The flight was not too bad considering the zero visibility for much of the flight and the heavy rain we went through. We noticed that the co-pilot (who was an arm length away from us) seemed very calm and was leaving the pilot to do all the flying.

We could see the radar and we flew through some heavy storms but the pilot kept things reasonably smooth. Then as we approached Western Samoa the co-pilot came on mike and said that they couldn't find the airport due to the heavy cloud and storms so we were going to circle out above the sea for a bit and hope the cloud would thin. I need to mention we were to land at a small airport right near the middle of town and that it was late in the day and darkness was due shortly after we were supposed to touch down. I don't believe that airport had lights on the runway.

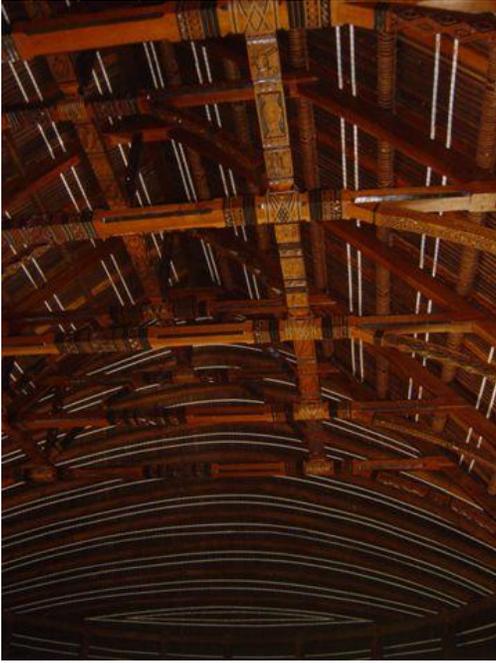
ANYWAY, we're out over water - only about 1000 feet above water - perhaps less. We could see the water from time to time and it wasn't far below the wheels. Then there was some gesturing from the fellow and they saw a glimpse of the shore and knew about where they were so they thought they'd go see if they could find the runway.

Through a brief break in cloud they found the runway - it was almost directly under us and angling away at about 90 degrees to the left and we were too high up. Then the "co-pilot" took control, banked sharply to the left and dove. No joke, I wondered if we'd clear the palm trees and house roofs with the left wing. It was blowing and raining too - a nice strong cross wind. It was one of the smoothest landings I've ever had and he got the plane on the ground and stopped before the end of the runway just as the cloud closed in again. All of us passengers clapped when the plane was safely taxiing to the terminal. **Later we find out that the man we thought was the co-pilot was actually the pilot and not just any pilot.** He is the top pilot for Western Samoa and used to fly 747's and stuff. He is the trainer for all the pilots for this particular airline. He did a fabulous job getting us down considering the conditions and we were VERY pleased to have had such an experienced man at the controls. There's no doubt he had lots of help from the guardian angels too!

Next week we get another flight in a small plane to one of our schools on another island here in Tonga...and the weather isn't all that great. Ugghhh... I'm praying the weather clears and is nice for both the trip there and the trip back! Little planes are SO much fun.

Well, that's all from us at the moment. Have a blessed day and a great week.

Gloria & Dale



Some photos of our Church Family

Thanks to Arthur for this photo (Chester and his parents and grandparents).



Philippine's Project Update

Thanks to Belle for the following update:

Thanks to everyone for continuing to support our Philippine's Orphanage Project. To date we have raised over **\$38,686.00** well done!

However our goal is **\$50,000** and I encourage everyone at Epping to see the project through to completion.

Donations can now be made **online** on the ICC secured website which automatically issues receipts.

<https://iccaustralia.worldsecuresystems.com/support/support.html>

Credit Card Donation Form



Epping Mission Project

Note: This donation is to support the ICC Happy Valley Elementary School building project, ICC Orphanage, Philippines.

Fax this form to	Fax No (03) 8660 2967		
Postal Address	International Children's Care Shop 7 Riviera Plaza BAIRNSDALE VIC 38757A		
Credit Card Details			
Card Type	<input type="checkbox"/> Mastercard	<input type="checkbox"/> Visa	<input type="checkbox"/> Bankcard
Name on Card		Expiry Date	
Credit Card No		Amount	\$
Signature		Date	
Telephone No		Mobile	
Address you would like the receipt sent to	Street		
	Suburb		
	State		Post Code

THANK YOU !!!

Prayer Requests:

Cooking Seminars	<i>Please pray for the success of Epping's Outreach programs over the coming months. The Cooking Seminars continue this Sabbath</i>
Harold Lin	<i>Please remember Harold in your prayers</i>
Bob and Nerelle McIntyre	<i>Please remember Bob, Nerelle and Colleen in your prayers.</i>
Sue Wood	<i>Please remember Sue, Ken and their family in your prayers.</i>
Ivan Baxter	<i>Please remember Ivan in your prayers.</i>

Dates to Keep in your Diary:

August 21	<i>Youth Meeting. Yee's residence 7 pm</i>
August 28	<i>Elders Meeting, Long's home</i>
August 29	<i>Board Meeting after lunch</i>
August 15-29	<i>Cooking Classes / Community Outreach</i>
August 30	<i>Pathfinder Brooklyn Hike</i>
September 7	<i>Sew and Tell. Sue Wood's home 7 pm</i>
November 21	<i>Baptism 2009. Please see Pastor Manthey if you are interested</i>

Photo of the Week

Thanks to Arthur for this week's photo:



Thought for the Week:

"I have set the LORD always before me. Because he is at my right hand, I will not be shaken."

Psalm 16:8