

EPPING SDA CHURCH NEWSLETTER



Welcome

Welcome to our weekly Epping Church Newsletter.

Thank you to all the contributions for this week. If there is any information you would like to share or a photo you would like us to view, please email it Alvin or Stephanie at the addresses below:

ajing@eppingsda.org.au.
stephcyee@yahoo.com

This newsletter can also be downloaded on our website:
<http://www.eppingsda.org.au>

This Sabbath at Epping

The service this Sabbath will be taken by our very own elder **Henry Tung**. The elder in charge is **Eva**, while the offering is for our **Local Budget**.

Last Sabbath at Epping- Adventurers Investiture

Pastor Rams took our service last week which was entitled "Power of the Spirit"

Pastor Rams' first text was Genesis 1:2

"Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters".

The earth was empty and void, but somehow in this darkness and waste, God formed something out of nothing – he formed our earth

Pastor Rams relayed some of his earlier life experiences, where despite significant emptiness God was able to form something within him.

The Spirit also moved on many in the bible such as Mary Magdalene, Jacob, Abraham and the adulterer, David.

Genesis 2:7

The Lord God formed the man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.

Pastor Rams highlighted that as humans we are but skeleton with skin. It was only when God decided to make something out of us that he breathed life into us. He breaths into us a second chance

Ezekiel 36:27

And I will put my spirit in you and move you to follow my decrees and be careful to keep my laws.

After the spirit is in you, you are moved. Our journey with God means we need to keep moving, but God provides a guide for us.

Gods guide for us:

1. Genesis 2:16-17

And the Lord God commanded the man, "You are free to eat from any tree in the garden; but you must not eat from the tree of the knowledge of good and evil, for when you eat of it you will surely die."

2. John 20:22

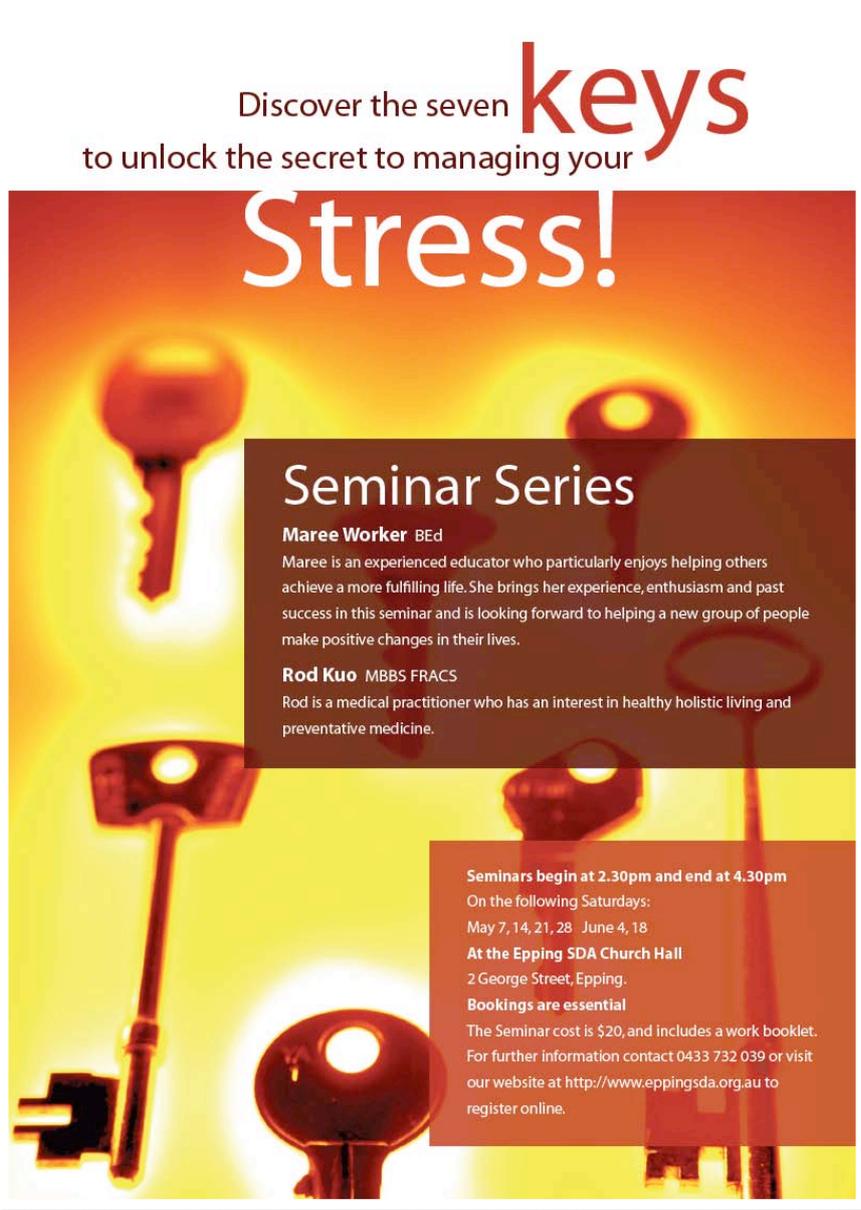
And with that he breathed on them and said "receive the holy spirit"

Let Christ mould us and make us.



Stress Management Course

Epping's Stress Management Course will conclude June 18 - Sabbath Afternoon at 1430.



Discover the seven **keys**
to unlock the secret to managing your
Stress!

Seminar Series

Maree Worker BEd
Maree is an experienced educator who particularly enjoys helping others achieve a more fulfilling life. She brings her experience, enthusiasm and past success in this seminar and is looking forward to helping a new group of people make positive changes in their lives.

Rod Kuo MBBS FRACS
Rod is a medical practitioner who has an interest in healthy holistic living and preventative medicine.

Seminars begin at 2.30pm and end at 4.30pm
On the following Saturdays:
May 7, 14, 21, 28 June 4, 18
At the Epping SDA Church Hall
2 George Street, Epping.
Bookings are essential
The Seminar cost is \$20, and includes a work booklet.
For further information contact 0433 732 039 or visit
our website at <http://www.eppingsda.org.au> to
register online.

Future Personal Ministry Events

1. August - Vegetarian Cooking series (August 6, 13, 20 and 27)
2. October - Body Balance Course

Friday Night Cell Groups

From Rod:

Just a quick reminder that **Term 2 Cell Groups** conclude June 17 (no meeting tomorrow evening as long weekend)

at Venues:

- 1) Kuo's
- 2) Go's
- 3) Tung's
- 4) Youth Group - ask Matthew Ing

Through Bible study and prayer we can learn more about Christ and what plans He has for us.

Pathfinder News

Upcoming Pathfinder Events include:

2-3 July - Proposed Snow Trip

23-25 September - Pathfinder Expedition

28-30 October - Social Night with Church /Adventurer Camporee

From Henry:

Some of you made your **clubs and putts** last week. If you want to work on it this weekend after lunch, please email me. You must be prepared with your own ideas, materials and tools to make it work. Get help from your parents. If you worked with someone else, you need to make one for each person in your group and they need to be different to make it interesting.

Youth News- Friday Evening 10th June- 7:30pm

The next Youth Meeting is being held tomorrow evening (Friday Night) at Jonathan Ap's new home - (House 20, 15 Busaco Rd, Marsfield). Contact Steph for more details.

Church Offerings

I continue to encourage all members to support our Local Budget offerings each week. On Sabbaths where the offering is not formally assigned to our Local Church Budget, you can still support Epping Church by utilising the envelopes marked "Local Budget".

These are located in the Church Foyer and on the Church Pews. Please ask the deacons or deaconesses for an envelope if these are not readily available.

Amazing Race

Thanks to Arthur for this report and photos.

Well the Amazing Race has been run and won.

After 5 hours and 27 events the winners were Team 'SMS' (Stephen, Matt and Stephanie) with 231 points. Closely followed by team 'Don't break a hip' (Michael, Jon, Belinda and Cassandra) with 227 points.

Team 'Silver Bullet' (Vic, Eva, Kieran & Zorana) put up an amazing effort to take 3rd place with 177 points and had the honour of winning the first event of the day. Team 'Better than youth' (Rod, Vanessa, Brad and Marcia) came 4th with 155 points, a great effort from a very energetic team. The final team 'Grey Nomads' (Henry, Belle, Sharon) came 5th with 143 points from an impressive performance, what they lacked in speed they made up with experience, skill and treachery.

Team SMS receiving their 'Peeled Apple' Trophy

The Race kicked off from Dural at 9.30am after registration and payment of entry fees from which we raised \$120 for the ICC Sri Lanka project. We then moved to Castle Hill Cemetery to locate a headstone and also carry out a physical challenge.

Searching for headstone

The physical challenge left us in stitches as each team demonstrated the weird and varied techniques of crossing a pole.

The next challenge was a test of communication and drawing skills which took place at Helen's place.

The Race then went into full swing with the teams having to travel all over the Hills district in search of rare and valuable items. It also included a skills challenge where Sharon took line honours by peeling the longest continuous apple peel in 30 seconds.

As lunch time approached we had a break in a park and then the final challenges were completed, this included a limbo contest, water balloon catching and piggy back race. The piggy back race proved to be the undoing of team 'Silver Bullet' as Victor's legs buckled and sent Eva spearing into the ground. Fortunately she only suffered a bruised cheek and pride. Cassandra enlisted the help of Snoopy to ensure that she and Michael took line honours in the piggy back race. Snoopy ran in front of Stephen just as he was approaching the finish line.

This ended the Amazing Race and an amazing day spent with amazing people.

Kind regards,

Arthur



Thanks to Eva for the below Amazing Race Report:

My Amazing, Amazing Race

“AAAAAAAHHHHHH” I screamed as I slammed into the unyielding hard ground, on a cold winter’s morning, thinking that’s the end of our chances in winning the 2011 Epping Church’s Amazing Race. How did I get into this situation? I may as well start at the beginning when the alarm rang at the unearthly hour of 7am on a normally sleeping-in-Sunday morning. Vic woke me up saying “We’ll be late, if you don’t get up!” The day of the Amazing Race had finally arrived, and we were meeting up at Arthur and Zorana’s place with all the other would-be contenders. We quickly formed a formidable team of Victor (chosen for speed and strength), Zorana (beauty and brains), Kieran (charm and cheerfulness) and me (cunning and craftiness). Our team’s name was The Silver Bullets, a reference to our speed machine, the mighty VW Passat which undoubtedly would be our secret weapon in winning the Amazing Race. But alas this was not to be, as we were quickly informed that our mechanical advantage would not be a factor in winning the Race.

Our first event we blitzed the competition, with Victor and his amazing cheeks puffed our way to victory in blowing and bursting a balloon in record time. Other challenges were to come, with the Silver Bullets performing well against our competition. Teams Don’t Break a Hip and Team SMS were our younger competitors. And their speed, agility, flexibility, speed, lightness and did I mention speed, was (almost) matched by our sneakiness and guile. Our arch-nemesis teams of Grey Nomads and Better than Youth were teams of wily and experienced gamesters who we knew not to underestimate. During the course of the race we found ourselves:

- Balancing on logs, crouching and straddling our teammates
- Running (respectfully) through the cemetery, with the comment heard “You won’t find the Baldwin family buried in the Asian section”
- Scrounging in the rubbish bin at Pennant Hills station, for old used tickets, and racing back and forth looking for Building BB (a bus station we later found).
- Taking a crash course in Chinese Calligraphy, and learning to write “Horse” and then seeing a Master do it properly
- Marshalling ducks and assorted feathered wildlife into a photo frame with all members of the team
- Feeling a lot of Pink Ladies, and then peeling the longest continuous apple peel
- Limbo-ing, or more like fast talking that crouching under was a form of limbo-ing
- Throwing water bombs and catching them

Feeling sore, weary, but happy, we found ourselves at the last challenge. Arthur, our host with the most, called for two members of each team to line up for a piggy back race that would decide the Amazing Race. Grimly, I climbed onto Vic’s back. Vic decided that a running start would be a bold tactical move. Reaaaady, set, GOOOOOO! And we were off! We were leading!! I could see the finish line so near yet so far!! I was ready to give the victory cry, when OOOH NOOOO! I felt the ground give way, and we fell crashing to the ground in slo-mo. Surfing across Vic’s back, taking his shirt with me, I slid across the cold clammy ground knowing our race was over.

Team Silver Bullets came a credible third, and we knew that we may be vanquished this year, but there is ALWAYS next year. We better start training.

Next Church Social- June 18, Saturday Evening

Pot Luck and Games Night on 18 June – More details next week

High Ropes Course- July 31

From Arthur

We are planning a high ropes course on July 31. If you like swinging between trees and challenging your fear of heights then sign up for it now on our website! First come, first served!

<http://www.eppingsda.org.au/content/high-ropes-registration-form.html>

Epping Mission Project 2011

**Our Goal: \$30,000 to support
International Children's Care Sri Lanka**



Brick Making - Help fund a small workshop, materials, sales yard, shed, electrical connection, materials to get started. Provide job opportunities for the older students to develop skills, work ethics and earn some pocket money as well as make a return profit to ICC Sri Lanka.



Bakery and Retail Centre - a small commercial centre on the roadside to sell the produce such as bread from their small bakery, and fruit, vegetables, eggs. This will be a part of the vocational training for the older abused girls referred by Child Protection (CPO).



About ICC Sri Lanka: The ICC Children's Centre is in a small village community adjacent to Lakpahana Adventist School in the Central Province. It is 45 minutes drive from the nearest city, Kandy. The centre has been through a difficult time but during 2010 emerged with a glowing report from the provincial child protection office which culminated in formal recognition and registration as an Orphanage in October 2010. ICC is now considered to be among the best orphanages in the province in terms of quality of care for the children.

The provincial authorities have asked if ICC Sri Lanka would be prepared to care especially for abused girls since that is the greatest need in the Kandy region. In their judgement Christians care for this type of person better than any others. The ICC Village property could potentially accommodate 60-70 children. It currently houses 28.



Some improvement to the facilities took place leading up to registration. Our dream is to develop the centre to the point that it provides best practice caring in family style homes for some of Sri Lanka's most neglected and abused children and one that can operate with little or no dependence on foreign aid so that we can reach other children in other locations that are also in need of care.

How to make a Donation



1. **Cash Donations** of \$2 or more are Tax Deductible
ICC Official Receipt issued by Belle Tung
2. **Online:** <https://iccaustralia.worldsecuresystems.com/support/support.html>
In the **Area to Support**, please type **Epping Mission Project**
You will receive an email acknowledging your donation and a Tax Deductible Receipt mailed to you within 5 working days.
3. **Credit Card** - please use the Donation Form below and

Mail to:

International Children's Care Australia
Suite 205, 16 Hunter Street
HORNSBY NSW 2077

or **Fax:** (02) 9987-1920



Credit Card Donation Form			
Name on Card		Amount	\$
Credit Card No		Expiry Date	
Card Type	<input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> Amex		
Signature		Date	
Telephone No		Mobile	
Please write name here if it is different from the Credit Card Holder and the address you would like your receipt mailed to.	Name		
	Street		
	Suburb		
	State		Post Code

Thank you for your generosity !!!

Happy Birthday Danny!



Prayer Ministry

- Please pray for Bob as he continues to battle against his illness.
- Please continue to pray for Ron's safety.
- Please continue to pray for Sue's health and also her family.
- Please pray for Andrew and Sally as Andrew recovers from his illness.
- Please pray for Peter Greenwood's health and recovery.
- Please pray for Rachel's health. She is a friend of Annali's who has been unwell for a while now.

Photo of the Week



Lioness
By Beverly Joubert

Thought of the Week

The Sovereign LORD is my strength; he makes my feet like the feet of a deer; he enables me to tread on the heights. For the director of music. On my stringed instruments.”

Habakkuk 3:19